

Cost—£575 per person

The cost of the course includes:

5 day lift pass	All course fees	Ski hire
Course Material	All trainer fees	Conference room use

Maximum candidates per course = 8

Minimum candidates per course = 5

Travel, Accomodation and Membership fees NOT included

Courses run 0900hrs to 1700hrs daily

Payment Schedule

- £100 non refundable deposit to secure a place
- Full Payment—10th August 2024

First Aid

The PSIA Level I full certification is validated by a current first aid certificate, which can be acquired after the course.

Astons organise an HSE approved first aid course in October. Please identify on your booking form if you wish to receive further details.

Return to:

SKI ASTONS

Madge Hill Lodge
Madge Hill
Severn Stoke Worcester
WR8 9JN
Tel 01905 388070



SKI ASTONS

Professional Ski Instructors of America Level I Foundation training



16th to 20th September 2024



Course Overview

PSIA certified Level I is the primary point at which registered members enter the certification track. This level requires members to demonstrate a solid foundation of information and experience necessary to be an effective ski teacher. The examination may take place in the first season of membership upon completion of 50 hours of training and teaching as attested to by the course director.

The six day training course contains elements to improve understanding of technical and teaching skills and professional knowledge. Successful candidates will be those who are able to demonstrate a significant level of competency with specified skiing and teaching tasks necessary to be an effective teacher of Beginner/ Novice Zone skiers.

PSIA Education	Principles and Philosophies of Professionalism
Technical Skills	Demonstration of the turn dynamics of beginner/novice zone skiing tasks
Core Concept Education	Exploration of teaching motives & setting of learning environments. Topics to include; Core ideals Understanding students, Risk Management Customer service Class handling & organisation
Alpine Technical Education	To include; Skills Concept, Phases of the turn, Equipment, Movement Analysis, Stepping stones to parallel

The course material is presented primarily during on-snow skiing sessions and is supported by evening programmes and seminar sessions.

This training week constitutes 25 hours of training under the auspices of the Northern Rocky Mountain division of PSIA as organised by Ski Astons

To progress to the PSIA level I exam candidates are required to attend a further 25 hours of training to consolidate the skills covered in the foundation week.

Ski Astons offer a condensed 7 day course to include 5 days of training followed by a two day exam programme consisting of a combination of evaluation and training. In the examined process candidates should be prepared to lead a group through instruction scenarios and will be assessed in each of the three main categories of skiing, teaching and professional knowledge. Examined courses are generally available in October and December of the same winter season. Details are forwarded on request

Shadowing weeks are available to all candidates at a subsidised cost between the foundation course and exam or after the exam if required. Contact Ski Astons direct



Instructor Pathway

Professional Ski Instructor of America

The Professional Ski Instructors of America is the world's largest nonprofit education association dedicated to promoting the sports of skiing and snowboarding through instruction. With more than 32,500 members instructing at 300 member ski and snowboard schools, PSIA-AASI establishes certification standards for snowsports instructors and develops education materials to be used as the core components of instructor training

Level 1 Instructor

Certified Level I is the primary point at which Registered members enter the certification track. This level is where Registered members demonstrate a solid foundation of information and experience necessary to be an effective Ski Instructor. Pre-requisites necessitate candidates to:

- Be 16 years of age, or older
- Be a current member of a snowsports school (You can join online easily)
- Complete a minimum of 50 hours of teaching/training
- Be a current Registered Member of PSIA
- Complete the [Alpine Level I E-Learning Course](#)
- Complete [Level I Workbook](#) is recommended prior to exam

Certification awarded on successful completion of the PSIA Level I Exam criteria—2/3

Exam preparation

Exam dates—1 & 2 November 2024—Stubai Austria

To prepare for the level I exam Ski Astons offer 5 day courses of 25hours. Candidates need to complete Part 1 and part 2 before sitting the 2 day exam.

Part 1—25hrs	Snowcentre, Hemel UK	12-16 Aug
Part 1—25hrs	Southampton dry slope	16-20 Sept
Part 2—25hrs	Stubai Glacier Austria	26-31 Oct