



SKI ASTONS

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Snowsport Scotland

# Alpine Ski Leader Award



28th October 2023

to

5th November 2023

Stubai Glacier, Austria

(Dates above include travel to and from UK by coach)

# Course Overview

The Alpine Ski Leader course is designed to train and qualify responsible skiers who are primarily interested in the encouragement of young skiers and who seek to lead such skiers within the boundaries of snow skiing resorts.

The seven day course contains elements to improve the participant's ability to lead skiers in a mountain environment and to introduce skiing to children in a safe and enjoyable manner. The content of the course includes:

- Leadership skills    group leading; group supervision; resort knowledge
- Mountain skills     navigation; weather; clothing; equipment; accident procedures
- Technical skills     personal performance; instructional methods

The course material is presented primarily during on-snow skiing sessions and is supported by evening programmes and seminar sessions. The course provides opportunities for discussion and candidates are required to present a short presentation. Assessment of the course is continual during the six days. On completion of the course the tutor will conduct individual reviews with each participant.

Course participants should be:

- \* At least 18 years of age
- \* Possess UK Snowsport Awards level 7 or equivalent (assessment criteria enclosed)
- \* Possess a first aid certificate (requirements detailed below)
- \* Be a member of the SNSC coaching scheme

To validate the ASL individuals must possess a first aid certificate meeting the criteria below:

- \* Training must be a minimum of 12 hrs / 2 days duration
- \* Certificate must be HSE approved
- \* Course must be delivered by HSE approved instructor
- \* Content must be relevant to outdoors/mountain environment

The programme below is a sample offered as example of what you might expect from the course

Day	Morning	Afternoon	Evening
	On-snow	On-Snow	Off-Snow
			Session 1 Course induction
1	Session 2 Find Ski Legs Fundamental Elements	Session 3 Posture and Steering Video of Performance	Daily Review Presentations 1,2 & 3  Session 4 Video feedback Central Theme Video
2	Session 5 Introductory Session	Session 6 Central Theme	Daily Review Presentations 4,5,6 & 7  Session 7 Roles and Qualities of ASL Action Centred Leadership
3	Session 8 Leading Activity	Session 9 Fault Finding Making Pictures Match Words	Daily Review Presentations 8, 9 & 10  Individual Feedback Session 10 Lesson Planning
4	Session 11 Personal Performance "Practice" Lesson Delivery	"Practice" Lesson Delivery	Session 12 Mosstons Teaching Styles  Session 13 Snow & Avalanche
5	Session 14 Leading Activity		Written Exam  Lesson Planning
6	Teaching Assessment	Teaching Assessment	Individual Candidate Debrief Session

## Inclusive Package: £999\*

The cost of the tour includes:

7 nights half board accommodation	7 day lift pass	All course fees
VAT and no surcharge guarantee	All course material	
Backing of a fully bonded company	Comprehensive winter sports insurance	

Travel to and from resort is not included. Dates shown advertise arrival and departure dates to and from resort

\* Individuals should organise their own travel to and from resort but assistance can be offered with this on request. Arrival in resort should be planned for Saturday afternoon. Please note: Six days are allocated to training and assessment. In the event of bad weather the 7th day is scheduled to accommodate such delays. Participants booking flights home for the Saturday do so at the risk of missing final assessments if required. Time is allocated to free skiing on day 7. Departure from resort therefore should not be earlier than 4pm on 4th November 2023

For candidates requiring further assistance to appraise suitability of personal skiing performance to attend the course, assessment days are offered. These are NOT a requirement.

## Payment Schemes & Subsidies

The majority of party leaders are bound by guidelines concerning risk management. Ski Astons are committed to helping individuals gain the relevant snowsport qualifications such that the normal price for the ASL course of £999 will be waived for party leaders enrolling their group with Ski Astons school programme. Bookings can be carried over to the 2024 / 2025 ski season if commitments for the 2024 season already exist.

### Hotel Pension Elisabeth

This 3 star hotel offers twin rooms with en suite facilities. There is a dining room and restaurant as well as a cosy stuberl which is used for group meetings. Single rooms are available on request and carry a supplement.



## Coaching Scheme Membership

Candidates must enrol with Snowsport Scotland Coaching Scheme as a pre-requisite to acceptance onto the course. Application forms are included with course booking details and should be forwarded to Snowsport Scotland directly. Membership requires annual renewal. The benefits for members are:

- \* Personal accident insurance ( loss of limb, death etc) details available on request
- \* Civil liability insurance (third party and professional indemnity)
- \* Inclusion on list of qualified leaders, instructors and coaches circulated to schools
- \* Quarterly newsletters from SNSC and annual course brochure
- \* Special equipment and clothing offers
- \* Access to apply for SNSC Mastercard
- \* Access to reciprocal rights in Alpine huts and benefits from the BMC
- \* Invitation to SNSC coaches forum
- \* Discount at Scottish Ski Centres in conjunction with SNSC Mastercard
- \* Access to ESC, SCOW and NISC Coaching Scheme courses
- \* Access to SNSC reference library ( articles, magazines, books, videos etc)

## Booking Procedure

To secure a place on the course candidates should complete and return the following:

- Booking form
- £100 non refundable deposit

Snowsport Scotland membership may be processed after the course and directly with the governing body. Application forms are included with the course manual /file which is forwarded to you with the final details.

## Payment Schedule

- £100 deposit with booking form
- Half Payment—21st August
- Full Payment— 30th September

## Pre course Assessment Days

- 23rd October Tamworth Snowdome
- Weekend dates are to be confirmed on request. Assessment is by appointment only

## First Aid

The ASL qualification is validated by a current first aid certificate, which can be acquired after the ASL course.

Astons organise an HSE approved first aid course in October. Please identify on your booking form if you wish to receive further details.

Return to:

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