

## Booking Procedure

To secure a place on the course candidates should complete and return the following:

- Booking form
- £100 non refundable deposit

Snowsport Scotland membership may be processed after the course and directly with the governing body. Application forms are included with the course manual / file which is forwarded to you with the final details.

## Payment Schedule

- £100 deposit with booking form
- Half Payment—31st August
- Full Payment—30th September

## Pre course Assessment Days

Tamworth Snowdome / Hemel Hempstead snow centre

Not sure if you are ready for the course? Assessment opportunities can be arranged at snowdomes by appointment or easier still, send us video footage of your skiing.

## First Aid

The ASL qualification is validated by a current first aid certificate, and certification of Child Protection Training which can be acquired after the ASL course.

Astons organise an HSE approved first aid course in October. Please identify on your booking form if you wish to receive further details.

Return to:

**SKI ASTONS**

Clerkenleap  
Broomhall  
Worcester  
WR5 3HR

Phone: 01905 388070

Fax: 01905 820815

Email: [info@skiastons.co.uk](mailto:info@skiastons.co.uk)



**SKI ASTONS**

# Snowsport Scotland Alpine Ski Leader Award



**25th October 2019**

to

**3rd November 2019**

**Stubai Glacier, Austria**

(Dates above include travel to and from UK by coach)

## Course Overview

The Alpine Ski Leader course is designed to train and qualify responsible skiers who are primarily interested in the encouragement of young skiers and who seek to lead such skiers within the boundaries of snow skiing resorts.

The seven day course contains elements to improve the participant's ability to lead skiers in a mountain environment and to introduce skiing to children in a safe and enjoyable manner. The content of the course includes:

Leadership skills group leading; group supervision; resort knowledge  
 Mountain skills navigation; weather; clothing; equipment; accident procedures  
 Technical skills personal performance; instructional methods

The course material is presented primarily during on-snow skiing sessions and is supported by evening programmes and seminar sessions. The course provides opportunities for discussion and candidates are required to present a short presentation. Assessment of the course is continual during the six days. On completion of the course the tutor will conduct individual reviews with each participant.

Course participants should be:

- \* At least 18 years of age
- \* Possess UK Snowsport Awards level 7 or equivalent (assessment criteria enclosed)
- \* Possess a first aid and child protection certificate (requirements detailed below)
- \* Be a member of the SNSC coaching scheme

To validate the ASL individuals must possess a first aid certificate meeting the criteria below:

- \* Training must be a minimum of 12 hrs / 2 days duration
- \* Certificate must be HSE approved
- \* Course must be delivered by HSE approved instructor
- \* Content must be relevant to outdoors/mountain environment
- \* Revalidation must occur every 3 years

The programme below is a sample offered as example of what you might expect from the course

| Day | Morning  |   | Afternoon                               |          | Evening                                 |   |
|-----|--|---|---|----------|---|---|
|     | On-snow  | On-Snow   | Off-Snow                                | Off-Snow | Off-Snow                                | Off-Snow  |
|     |  |   |   |          | Session 1                               | Course induction  |
| 1   | Session 2<br>Find Ski Legs<br>Fundamental Elements               | Session 3<br>Posture and Steering<br>Video of Performance | Daily Review<br>Presentations 1,2 & 3   |          | Session 4                               | Video feedback<br>Central Theme Video                   |
| 2   | Session 5<br>Introductory Session                                | Session 6<br>Central Theme                                | Daily Review<br>Presentations 4,5,6 & 7 |          | Session 7                               | Roles and Qualities of ASL<br>Action Centred Leadership |
| 3   | Session 8<br>Leading Activity                                    | Session 9<br>Fault Finding<br>Making Pictures Match Words | Daily Review<br>Presentations 8, 9 & 10 |          | Individual Feedback<br>Session 10       | Lesson Planning   |
| 4   | Session 11<br>Personal Performance<br>"Practice" Lesson Delivery | "Practice" Lesson Delivery                                | Session 12<br>Mosstons Teaching Styles  |          | Session 13                              | Snow & Avalanche  |
| 5   | Session 14<br>Leading Activity                                   |   | Written Exam                            |          | Lesson Planning                         |   |
| 6   | Teaching Assessment  | Teaching Assessment                                       |   |          | Individual Candidate Debrief<br>Session |   |

## Inclusive Package: £POA\*

The cost of the tour includes:

|                                   |                                       |                 |
|-----------------------------------|---------------------------------------|-----------------|
| 7 nights half board accommodation | 7 day lift pass                       | All course fees |
| VAT and no surcharge guarantee    | All course material                   | Coach travel    |
| Backing of a fully bonded company | Comprehensive winter sports insurance |                 |

Travel is provided by coach. The cost of road tolls, taxes, channel crossing and AA insurance is included in the price.

\* The full price is offered at a subsidised cost to teachers currently employed in education. Individuals organising their own travel to resort are offered a further £100 price reduction. In this instance it is not necessary to arrive until Saturday afternoon. Please note: Six days are allocated to training and assessment. In the event of bad weather the 7th day is scheduled to accommodate such delays. Participants booking flights home for the Saturday do so at the risk of missing final assessments if required. Time is allocated to free skiing on day 7. Those returning to the UK by coach will depart at 1800 hrs on Saturday 2nd November

For candidates requiring further assistance to appraise suitability of personal skiing performance to attend the course, assessment days are offered. These are NOT a requirement.

## Payment Schemes & Subsidies

The majority of party leaders are bound by guidelines concerning risk management. Ski Astons are committed to helping individuals gain the relevant snowsport qualifications such that the ASL course is offered FREE of CHARGE to party leaders enrolling their group with Ski Astons school programme for the first time outside of February half term. Bookings can be carried over to the 2019/2020 ski season if commitments for the 2019/2020 season already exist.

This friendly 2 star hotel is situated 7 km from the Gondola station. Rooms are 5 to 6 bedded with shared facilities on each floor. A lecture room is available for evening group meetings. There is a large dining area and lively après ski bar. An upgrade to a 3\* hotel is possible on request at a supplement. All meetings will be held at the Ranalt.



## Coaching Scheme Membership

Candidates must enrol with Snowsport Scotland Coaching Scheme as a pre-requisite to acceptance onto the course. Application forms are included with course booking details and should be forwarded to Snowsport Scotland directly. Membership requires annual renewal. The benefits for members are:

- \* Personal accident insurance (loss of limb, death etc) details available on request
- \* Civil liability insurance (third party and professional indemnity)
- \* Inclusion on list of qualified leaders, instructors and coaches circulated to schools
- \* Quarterly newsletters from SNSC and annual course brochure
- \* Special equipment and clothing offers
- \* Access to apply for SNSC Mastercard
- \* Access to reciprocal rights in Alpine huts and benefits from the BMC
- \* Invitation to SNSC coaches forum
- \* Discount at Scottish Ski Centres in conjunction with SNSC Mastercard
- \* Access to ESC, SCOW and NISC Coaching Scheme courses
- \* Access to SNSC reference library (articles, magazines, books, videos etc)